This exhibition celebrates artwork from three Bay Area studios that support artists with developmental disabilities: Creative Growth, Creativity Explored, and NIAD. Use this guide to engage with the art and artist’s perspectives.

welcome

As you enter the exhibition, look up, down, and all around. Watch videos of artists at work. Look closely at some of the artworks.

What types of art are on display?

How do they make you feel?

Creative Growth, Creativity Explored, and NIAD are art studios that support a community of artists with developmental disabilities.

What kind of communities are you a part of?

What does community mean to you?
As you travel this section of the gallery, look for things that feel familiar to you. The artists of Into the Brightness have transformed everyday items into striking works of art that tell us more about themselves.

Find a piece that you think represents the world “around.” How do you think the artist expanded on something from their environment?

Find a piece that you think represents the world “within.” How do you think the artist shared their feelings or imagination?

Not all artists use spoken language to communicate. Some are nonverbal or prefer to communicate through their work. As you explore this section, think about how the artist is communicating with you.

Choose an artwork in this section. Look closely and reflect on how it makes you feel.

How do you think the artist expressed their feelings or imagination?

How did they get their message across?

Before you leave the exhibition, talk with a friend:

What does it mean to be an artist?

Who is art for?